



CENTRAL LYON MENU ~ NOVEMBER 2025

BREAKFAST PRICES:

Student: Free
Adult: \$1.90
Second Juice: \$.40

LUNCH PRICES:

Grades TK-6: \$2.40
Grades 7-12: \$2.50
Adult: \$4.85
Second Entrée \$2.50
Extra Milk: \$0.40

BREAKFAST SERVING
TIME IS 7:45-8:05 am

Menu items are
subject to change
without notice. If you
have any questions or
concerns, please
contact Darsha
Tuenge, Food Service
Director, at (712) 472-
2664.

This institution is an
equal opportunity
employer.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	3 Waffles & Syrup Yogurt	4 Egg & Cheese Sandwich Yogurt	5 Cereal Toast	6 Cherry or Apple Frudel Yogurt	7 NO SCHOOL
LUNCH	Breaded Pork Patty Mashed potatoes Gravy or butter Carrots Applesauce Sandwich	Italian Dunkers w/ meat sauce Green beans Lettuce w/ dressing Pears	Chicken Fajitas w/ lettuce & cheese Corn Pineapple Sandwich 7-12	Hot Ham & Cheese Sandwich Broccoli Baby carrots w/ ranch Apple slices	
BREAKFAST	10 Breakfast Pizza Yogurt	11 French Toast Sticks & Syrup	12 Cereal or Poptart Toast	13 Scrambled Eggs Hash brown patty Toast	14 Cinnamon Roll Yogurt
LUNCH	Chicken Alfredo Garlic Toast Broccoli Lettuce w/ dressing Mixed Fruit	Breaded Chicken Patty on a bun Baby carrots Tri Tater Applesauce	Taco in a Bag Lettuce & Cheese Corn Grapes Salsa 5 th -12 Sandwich 7-12	Chicken Noodle Soup String Cheese Crackers Carrots Pears Sandwich 7-12	Corn Dog Green beans Baby carrots Orange wedges
BREAKFAST	17 Breakfast Bagel Yogurt	18 Pancake Bites w/ syrup Yogurt	19 Cereal Toast	20 Egg Bites Yogurt	21 Strawberry Cream Cheese Bagel Yogurt
LUNCH	Salisbury Steak Mashed Potatoes Dinner roll Carrots Peaches	Sloppy Joe on a bun Pickles Baked beans Baby carrots Strawberry cup	Popcorn Chicken w/ Fries TK-6 Orange chicken w/ rice 7-12 Peas Applesauce Sandwich 7 th -12th	Mr Rib on a bun Corn Broccoli w/ ranch Mixed Fruit	Chili Crispito Romaine lettuce w/ dressing Green beans Juice cup Sandwich K-4

All breakfasts are served with milk, juice, and fruit.
All lunches are served with 1% white or fat free chocolate milk.



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST

LUNCH

BREAKFAST

LUNCH

BREAKFAST

LUNCH

24

Breakfast Pizza
Yogurt

Turkey & Gravy
Mashed Potatoes
Corn
Dinner Roll
Pumpkin Dessert

25

Pancake on a Stick
Syrup
Yogurt

Cheese Quesadilla
Peas
Romaine lettuce w/
Dressing
Orange wedges
Sandwich 7-12

26

Poptart Or Muffin
Yogurt

Hamburger on a bun
Baked beans
Baby carrots w/
ranch
Pineapple

27

THANKSGIVING

NO
SCHOOL

28

NO
SCHOOL

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